

## PATIENT INFORMATION SHEET CHILD

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Parents' names: \_\_\_\_\_

Who is your legal guardian? Mom Dad Other: \_\_\_\_\_

**BIRTH HISTORY:** Delivery: Natural cesarean section Any complications to pregnancy? \_\_\_\_\_

Birth weight: \_\_\_\_\_ Any problems during newborn period? \_\_\_\_\_

**MEDICAL HISTORY:** List any current or past medical problems or chronic diseases.

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**SURGICAL HISTORY:** List all surgeries you have had, the year they were done, and the surgeon's name.

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**MEDICATIONS:** List all medicines taken daily, with dose and schedule. Include over the counter meds, vitamins and supplements.

Name of Medication	Strength/Dose (mg)	How often taken	Reason you are taking

**ALLERGIES:** List all allergies to medicines or foods and the kind of a reaction you have - rash, hives, swelling, difficulty breathing, etc.

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List any other physicians you see and why: \_\_\_\_\_

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**HEALTH MAINTENANCE:** Any second hand smoke? \_\_\_\_\_

What do you do for exercise, and how often? \_\_\_\_\_

Are you on a special diet? \_\_\_\_\_ Describe your typical eating habits: \_\_\_\_\_

How much caffeine do you drink in a typical day? None \_\_\_\_\_ 1-2 drinks \_\_\_\_\_ 3-4 drinks \_\_\_\_\_ 5 or more drinks \_\_\_\_\_

How frequently are you in the sun? \_\_\_\_\_ Do you wear sunscreen? \_\_\_\_\_ Do you use a tanning bed? \_\_\_\_\_

Who lives in your home and what is their relationship to you? \_\_\_\_\_

Hobbies or other special interests: \_\_\_\_\_

How often do you wear your seatbelt? Always \_\_\_\_\_ Sometimes \_\_\_\_\_ Never \_\_\_\_\_

How much TV do you watch? \_\_\_\_\_ How much video game/computer time? \_\_\_\_\_

What grade are you in? \_\_\_\_\_ What school do you attend? \_\_\_\_\_

Any pets? (inside/outside) \_\_\_\_\_

**FAMILY HISTORY:** Are your parents alive? \_\_\_\_\_ If not, what did they die from, and how old were they?

Mother: \_\_\_\_\_ Father: \_\_\_\_\_

Which of your blood relatives have had the following diseases? (Check all that apply.)

	Mother	Father	Brother	Sister	Mom's Mother	Mom's Father	Dad's Mother	Dad's Father	Aunt	Uncle
<b>Heart disease</b>										
<b>High blood pressure</b>										
<b>Asthma</b>										
<b>Stroke</b>										
<b>Breast Cancer</b>										
<b>Colon Cancer</b>										
<b>Ovarian Cancer</b>										
<b>Prostate Cancer</b>										
<b>Uterine Cancer</b>										
<b>Alcoholism</b>										
<b>Anxiety</b>										
<b>Depression</b>										
<b>Diabetes</b>										
<b>Other Conditions</b>										

**PREVENTATIVE HISTORY:** Last well child exam: \_\_\_\_\_ Last eye exam: \_\_\_\_\_

Last dental exam: \_\_\_\_\_ Last flu shot \_\_\_\_\_ Tetanus booster: \_\_\_\_\_

Are your immunizations up to date? (Please provide copy of record) \_\_\_\_\_

**FEMALE HISTORY:** Last menstrual period: \_\_\_\_\_ Age of first period: \_\_\_\_\_

Any menstrual problems: \_\_\_\_\_